

garbage, the waste and filth that have been choking the waters; it is bringing the water back to its natural and pristine state. This Light also moves through the soil of the river banks and continues further inland. As it does so it cleanses and purifies what has been fouled.

You are in wonder and awe, not even knowing how you are seeing it, but you see this amazing Light, like filaments, also entering the people and the animals through their feet, into the plants through their roots, thereby cleansing, purifying, and revivifying them as well. As you watch this, you begin to see in the people something like beautiful little suns filling their hearts and minds. You notice that their eyes are so bright, it is as if their eyes have been washed clear of a film that prevented them seeing what was happening to beautiful Yamuna. Now that they see, they feel an urgent desire to change their ways, to do what they can to bring back the life of this precious river.

The people join together, new ideas and new energy abundant, to return not only the river but all life in the region, including themselves, to a state of balance, vibrant health, a peaceful, joyous and equitable community, living in remembrance of the sacredness of water, of the river, of the Earth, the sacredness of all life.

Yamuna is sparkling with Light and laughter. Almost delirious, she rejoices that she has been freed, the people have heard her and she can breathe again. She rejoices in the new life and lightness of being she witnesses in the people and the natural world that depend on her. Joy is in her song once again. Can you hear and feel her giving thanks to you?

~

Thank you and a thousand blessings to you for your offering to the Earth and the Yamuna River.

~Diane Trolin, President, Earth Healing Day (www.earthhealingday.com)